

Halsey AOF Health Education

- Many diseases and health problems can be prevented if individuals received the proper education. For community service hours and extra credit, help educate the students of Halsey AOF about common health problems!
- TASK: Research a health issue that is common to high school students. Create a brochure, pamphlet, or miniposter presenting your researched information that is **SPECIFICALLY TARGETED TO HALSEY STUDENTS**. See next slide for more details.

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- Choose a health issue to research thoroughly:
 1. Contraception (condom, birth control pill, progesterone injection, IUD, etc.)
 2. Sexually Transmitted Diseases (STD)
 3. Suicidal Ideation and Depression
 4. Obesity (Proper Nutrition and Physical Activity)
 5. Asthma
 6. Negative Effects of Drug Use

Brochure/Pamphlet/Poster Requirements

- ALL INFORMATION PRESENTED MUST BE 100% accurate. This will be verified by Mr. Gutierrez and the school nurse.
- Explain the biological processes involved in the disease (normal physiology vs. pathophysiology)
- Present health tips in a STUDENT-FRIENDLY way. (Use appropriate “slang” to help the information be more accessible.)
- Make it ATTRACTIVE and PROVOCATIVE. (If you saw this from far away, would you want to pick it up and read it?)
- **SUBMIT by June 23.**

Guidelines

- Be careful of the misinformation out there! When researching, only use information from well-respected resources such as the following sites:
 - www.webmd.com
 - www.mayoclinic.com
 - www.clevelandclinic.com
 - www.britannica.com
 - www.cdc.gov

These are only a few sources, of course. Ask Mr. Gutierrez if you're not sure if a website is credible.

ALTERNATIVE PROJECT:

Social Media

- Create an Instagram, Twitter, or Facebook page that encourages healthy living.
- Posting a “healthy living tip” a day could be a great way to encourage others to live healthier lives.
- Make thought provoking memes to encourage healthy behavior.